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*Everyday
Favourite*

*Main
Two*

Mon

Swedish Pork Meatballs,
With Creamy Gravy

Italian Braised Beef
Ragu, Trent's Grown
Rosemary

Tue

Beef & Potato
Massaman, Mint
Yoghurt

Thai Chicken Noodle Stir
Fry

Wed

Hen Den
Seasoned Fried Chicken,
Slaws

Hen Den
Marinated Baked
Chicken, Slaws

Thur

Classic 4 Hour Cooked Beef
Bolognese, Herb Oil

Pork Chop with Honey, Soy &
Mustard, Caramelised Apple

Fri

Trent's Chip Shop Friday

Pork Gyro's, Hummus
Salad, Chilli Mayo

Sat

Smokey BBQ Beef Chilli,
with Chuck Mince &
Pulled Brisket

Peri Peri Chicken Wrap
Chilli, Lime Mayo

Vegetarian

Mon

Creamy Vegan Polenta with
Mushroom, Spinach and
Pine Nut

Tue

Jackfruit Chickpea Balti,
Spinach and Onion Seed

Wed

Macaroni & Cheese, Chilli,
Tomato & Basil Crumb

Thur

Quorn Sausage, Roasted
Onion & Thyme Rich Gravy

Fri

Vegetable Bean Chilli
Quorn Hot Dog

Sat

Lebanese Falafel Flatbread,
Mint Yoghurt

Sides

<i>Mon</i>	Polenta Mash Stem Greens Sweetcorn
<i>Tue</i>	Lime, Coconut Rice Chunky Carrots Cauliflower
<i>Wed</i>	Siracha Corn BBQ Boston Beans Baked Wedges
<i>Thur</i>	Garlic Bread Potato Crush Broccoli, Side Salad
<i>Fri</i>	Chunky Chips Petit Pois Baked Beans
<i>Sat</i>	Baked Nachos Spicy Rice Compound Salad

Desserts

<i>Mon</i>	Autumn Fruit Crumble Fresh Cut fruit Dessert Pots & Yoghurt Pots
<i>Tue</i>	Jam Sponge, Toasted Coconut Fresh Cut Fruit Dessert & Yoghurt Pots
<i>Wed</i>	Rice Pudding, Fruit Coulis Fresh Cut Fruit Dessert Pots & Yoghurt Pots
<i>Thur</i>	Cherry & Sunflower Tart Fresh Cut Fruit Dessert Pots & Yoghurt Pots
<i>Fri</i>	Chocolate Crunch Slice Fresh Cut Fruit Dessert Pots & Yoghurt Pots
<i>Sat</i>	Tray bake Selection Fresh cut fruit Dessert Pots & Yoghurt pots

Deli

A Daily Selection Of Simple &
Specialist Baguettes
Homemade Soup Of The Day

Shake'um
Grab & go salads, ready to enjoy!

A Daily Selection Of Compound & Simple
Protein Salads

Jackets

<i>Mon</i>	Grated Cheese Baked Beans	<i>Thur</i>	Tomato & Basil, Pasta
<i>Tue</i>	Tomato & Red Pepper Sauce, Pasta	<i>Fri</i>	Jacket Filling Of The Day
<i>Wed</i>	Jacket Filling Of The Day	<i>Sat</i>	Mild Arrabbiata Sauce, Pasta

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Mon Mild Mexican Beef & Butter
Bean Chilli, Salsa & Sour
Cream

Chicken A La King

Tue Simply Lasagne, Basil Oil

Honey, Mustard &
Orange Glazed
Gammon

Wed Japanese Katsu Chicken
Curry

Caribbean Jerk BBQ
Pork Taco, Pineapple,
Black Eyed Bean Slaw

Thur Local Derbyshire Sausages,
Roasted Onion Sauce

Boeuf Bourguignon &
French Bread

Fri Trent Chip Shop Friday

Hound Dog with all
the Toppings &
Sauces

Sat Hunters Chicken

Chef's Dish of
the Day

Vegetarian

Mon Mild Cauliflower
Chilli, Tomato
Salsa, Sour Cream

Tue Green Vegetable &
Puy Lentil Lasagne,
Basil Oil

Wed Freekeh Kedgeree,
Spinach & Tofu

Thur Quorn Sausages,
Roasted Onion Gravy

Fri Plant Based Banana
Blossom Fish

Sat Spinach & Mushroom
Pasta Bake

Sides

Mon Lime Green Rice
Savoy Cabbage
Peas/ Mange Tout

Tue Garlic Bread
Butter, Parsley New
Potatoes
Vegetable Medley

Wed Coriander Rice
Roasted Roots
Broccoli

Thur Roasted Carrots
Green Beans
Horseradish Mash

Fri Chunky Chips
Mushy Peas
Baked Beans

Sat Selection of Salads
Hot Rice

Desserts

Mon Apple & Granola
Crumble
Fresh Cut fruit
Dessert Pots

Tue Sprinkles Sponge Cake
Fresh Cut Fruit
Dessert Pots &
Yoghurt Pots

Wed Banana & Raisin Pudding
Fresh Cut Fruit
Dessert Pots

Thur Chocolate Sponge
Fresh Cut Fruit
Dessert Pots &
Yoghurt Pots

Fri Toffee Apple Flapjack
Fresh Cut Fruit
Dessert Pots &
Yoghurt Pots

Sat Home Baked Cookies
Fresh cut fruit
Dessert Pots &
Yoghurt pots

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Jackets

Mon Grated Cheese
Baked Beans

Thur Vine Tomato &
Garlic Pasta

Tue Napoli Sauce, Pasta

Fri Jacket Filling Of The
Day

Wed Jacket Filling Of
The Day

Sat Mediterranean
Roasted Tomato
Pasta

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Mon

Spaghetti & Bacon
Carbonara, Pea Pesto

Grass Fed Beef
Cottage Pie, Creamy
Mash Topping

Tue

Spinach, Pea & Lamb
Keema, Mango Chutney,
Mint Yoghurt

Pulled Chicken &
Pepper Soft Taco,
Chimichurri Sauce

Wed

Chicken Hot Pot, Rosemary
Sauce

Beef Cobbler, Cheese
Scone Bites

Thur

BBQ Chicken Burger, Garlic
Aioli

4oz Lamb Burger,
Tzatziki

Fri

Trent Chip Shop Friday

Traditional London,
Pie Shop

Sat

Meatball Pasta Bake

Super Cheesy Macaroni
topped with Shredded
Crispy Bacon

Vegetarian

Mon

Mushroom Pilau,
Brown Rice &
Puffed Quinoa

Tue

Vegetables in Black
Beans, Marinated Tofu

Wed

Winter Vegetable
& Butterbean Hot
Pot

Thur

Vegan Vegetable
Medley Crush Burger

Fri

Broccoli Quiche, Long
Clawson

Sat

Chef's Special

Sides

<i>Mon</i>	House Salad Green Beans Roasted Corn
<i>Tue</i>	Steamed Rice Roasted Carrots Cauliflower
<i>Wed</i>	Crushed Potatoes Garden Peas Root Vegetables
<i>Thur</i>	Corn on the Cob Seasoned Baked Wedges 3 Cabbage Slaw
<i>Fri</i>	Chunky Chips Peas Baked Beans
<i>Sat</i>	Garlic Bread Hot & Cold Compound Salads

Desserts

<i>Mon</i>	Berry Crumble Fresh Cut fruit Dessert Pots & Yoghurt Pots
<i>Tue</i>	Apple & Cinnamon Rice Pudding Fresh Cut Fruit Dessert & Yoghurt Pots
<i>Wed</i>	Pear & Chocolate Bakewell Fresh Cut Fruit Dessert & Yoghurt Pots
<i>Thur</i>	Sticky Toffee & Date Pudding Fresh Cut Fruit Dessert Pots
<i>Fri</i>	Lemon Chia Seed Shortbread Fresh Cut Fruit Dessert & Yoghurt Pots
<i>Sat</i>	Melting Moments Fresh cut fruit Dessert Pots & Yoghurt pots

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Protein Salads

Jackets

<i>Mon</i>	Grated Cheese Baked Beans	<i>Thur</i>	Roasted Tomato & Basil Pasta
<i>Tue</i>	Marinara Sauce, Pasta	<i>Fri</i>	Jacket Filling Of The Day
<i>Wed</i>	Jacket Filling Of The Day	<i>Sat</i>	Vine Ripened Tomato & Basil Pasta