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*Everyday
Favourite*

*Main
Two*

Mon

Swedish Pork Meatballs,
Oven Roasted Tomato
Sauce

Italian Braised Beef
Ragu, Trent's Grown
Rosemary

Tue

Pork Gyro's, Hummus
Salad, Chilli Mayo

Thai Chicken Noodle Stir
Fry

Wed

Hen Den
Seasoned Fried Chicken,
Slaws

Hen Den
Marinated Baked
Chicken, Slaws

Thur

Slow Cooked British Lamb
Shepherd's Pie

Roast Day
Pork Chop, Apple Sauce, Sage
Stuffing Crumble

Fri

Trent's Chip Shop Friday

Beef & Potato Massaman,
Steamed Rice

Sat

Smokey BBQ Beef Chilli,
with Chuck Mince &
Pulled Brisket

Peri Peri Chicken Wrap
Chilli, Lime Mayo

Vegetarian

Mon

Mushroom and Root
Vegetable Ragu

Tue

Vegetable Bean Chilli
Quorn Hot Dog

Wed

Macaroni & Cheese, Garlic
Crumb

Thur

Charred Swede Steak,
Herby Dressing

Fri

Jackfruit Chickpea Balti,
Spinach and Onion Seed

Sat

Lebanese Falafel Flatbread,
Mint Yoghurt

Sides

<i>Mon</i>	Penne Pasta Stem Greens Sweetcorn
<i>Tue</i>	Tomato, Vegetable Rice Chunky Carrots Cauliflower
<i>Wed</i>	Siracha Corn BBQ Boston Beans Southern Baked Potatoes
<i>Thur</i>	Steamed Cabbage Creamed Potatoes Broccoli
<i>Fri</i>	Chunky Chips Petit Pois Baked Beans
<i>Sat</i>	Baked Nachos Spicy Rice Compound Salad

Desserts

<i>Mon</i>	Autumn Fruit Crumble Fresh Cut fruit Dessert Pots & Yoghurt Pots
<i>Tue</i>	Jam Sponge, Toasted Coconut Fresh Cut Fruit Dessert & Yoghurt Pots
<i>Wed</i>	Rice Pudding, Fruit Coulis Fresh Cut Fruit Dessert Pots & Yoghurt Pots
<i>Thur</i>	Cherry & Sunflower Tart Fresh Cut Fruit Dessert Pots & Yoghurt Pots
<i>Fri</i>	Chocolate Crunch Slice Fresh Cut Fruit Dessert Pots & Yoghurt Pots
<i>Sat</i>	Tray bake Selection Fresh cut fruit Dessert Pots & Yoghurt pots

Deli

A Daily Selection Of Simple &
Specialist Baguettes
Homemade Soup Of The Day

Shake'um
Grab & go salads, ready to enjoy!

A Daily Selection Of Compound & Simple
Protein Salads

Jackets

<i>Mon</i>	Grated Cheese Baked Beans	<i>Thur</i>	Tomato & Basil, Pasta
<i>Tue</i>	Tomato & Red Pepper Sauce, Pasta	<i>Fri</i>	Jacket Filling Of The Day
<i>Wed</i>	Jacket Filling Of The Day	<i>Sat</i>	Mild Arrabbiata Sauce, Pasta

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Mon Mild Mexican Beef & Butter
Bean Chilli, Salsa & Sour
Cream

Chicken A La King

Tue Simply Lasagne, Basil Oil

Italian Style Chicken,
Cheese, Tomato &
Basil

Wed Japanese Katsu Chicken
Curry

Caribbean Jerk BBQ
Pork Taco, Pineapple,
Black Eyed Bean Slaw

Thur Local Derbyshire Sausages,
Roasted Onion Sauce

Roast Day
Roast Chicken &
Stuffing

Fri Trent Chip Shop Friday

Hound Dog with all
the Toppings &
Sauces

Sat Hunters Chicken

Chef's Dish of
the Day

Vegetarian

Mon Mild Cauliflower
Chilli, Tomato
Salsa, Sour Cream

Tue Roasted Root & Lentil
Lasagne, Basil Oil

Wed Sweet Potato
Katsu

Thur Quorn Sausages,
Roasted Onion Gravy

Fri Plant Based Banana
Blossom Fish

Sat Spinach & Mushroom
Pasta Bake

Sides

Mon Lime Green Rice
Savoy Cabbage
Peas/ Mange Tout

Tue Garlic Bread
Butter, Parsley New
Potatoes
Vegetable Medley

Wed Coriander Rice
Roasted Roots
Broccoli

Thur Roasted Carrots
Green Vegetables
Mashed Potato

Fri Chunky Chips
Mushy Peas
Baked Beans

Sat Selection of Salads
Hot Rice

Desserts

Mon Apple & Granola
Crumble
Fresh Cut fruit
Dessert Pots

Tue Sprinkles Sponge Cake
Fresh Cut Fruit
Dessert Pots &
Yoghurt Pots

Wed Banana & Raisin Pudding
Fresh Cut Fruit
Dessert Pots

Thur Chocolate Sponge
Fresh Cut Fruit
Dessert Pots &
Yoghurt Pots

Fri Toffee Apple Flapjack
Fresh Cut Fruit
Dessert Pots &
Yoghurt Pots

Sat Home Baked Cookies
Fresh cut fruit
Dessert Pots &
Yoghurt pots

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Homemade Soup Of The Day

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Jackets

Mon Grated Cheese
Baked Beans

Thur Vine Tomato &
Garlic Pasta

Tue Napoli Sauce, Pasta

Fri Jacket Filling Of The
Day

Wed Jacket Filling Of
The Day

Sat Mediterranean
Roasted Tomato
Pasta

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Mon

Sweet & Sour Pork, With
Noodles

Grass Fed Beef
Cottage Pie

Tue

Spinach, Pea & Lamb
Keema, Mango Chutney,
Mint Yoghurt

Pulled Chicken &
Pepper Soft Taco,
Chimichurri Sauce

Wed

Hunters Chicken

Nando's Style
Portuguese Chicken,
Flatbread

Thur

Roast Day
Roast Beef,
Horseradish Sauce

Roast Day
Roast Gammon,
Mustard Orange
Glaze

Fri

Trent Chip Shop Friday

Traditional London,
Pie Shop

Sat

Meatball Pasta Bake

Super Cheesy Macaroni
topped with Shredded
Crispy Bacon

Vegetarian

Mon

Egg Fried Rice,
Marinated Tofu

Tue

Mexican Jack Fruit,
Black Beans, Avocado,
Lime

Wed

Quorn Fillet

Thur

Freshly Made
Mushroom, Stilton,
Broccoli Slice

Fri

Broccoli Quiche, Long
Clawson

Sat

Chef's Special

Sides

<i>Mon</i>	Stir Fried Green Panache Roasted Corn
<i>Tue</i>	Steamed Rice Roasted Roots Chilli Broccoli
<i>Wed</i>	Corn on the Cob Patatas Bravas Spicy Rice
<i>Thur</i>	Roast Potatoes Garden Peas Steamed Carrots
<i>Fri</i>	Chunky Chips Peas Baked Beans
<i>Sat</i>	Garlic Bread Hot & Cold Compound Salads

Desserts

<i>Mon</i>	Berry Crumble Fresh Cut fruit Dessert Pots & Yoghurt Pots
<i>Tue</i>	Apple & Cinnamon Rice Pudding Fresh Cut Fruit Dessert & Yoghurt Pots
<i>Wed</i>	Pear & Chocolate Bakewell Fresh Cut Fruit Dessert & Yoghurt Pots
<i>Thur</i>	Sticky Toffee & Date Pudding Fresh Cut Fruit Dessert Pots
<i>Fri</i>	Lemon Chia Seed Shortbread Fresh Cut Fruit Dessert & Yoghurt Pots
<i>Sat</i>	Melting Moments Fresh cut fruit Dessert Pots & Yoghurt pots

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Specialist Baguettes
Homemade Soup Of The Day

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Grab & go salads, ready to enjoy!

A Daily Selection Of Compound & Simple
Protein Salads

Jackets

<i>Mon</i>	Grated Cheese Baked Beans	<i>Thur</i>	Roasted Tomato & Basil Pasta
<i>Tue</i>	Marinara Sauce, Pasta	<i>Fri</i>	Jacket Filling Of The Day
<i>Wed</i>	Jacket Filling Of The Day	<i>Sat</i>	Vine Ripened Tomato & Basil Pasta