TRENT COLLEGE AND THE ELMS

Breakfast

All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hydration	Water, Juice	Water, Juice	Water, Juice	Water, Juice	Water, Juice	Water, Juice	
Hot Items	Egg Muffin Grilled Tomato Baked Sausage Spaghetti Hoops Baked Beans	Poached Egg Bacon Plum Tomato Mushrooms Hash Brown	Continental Ham Cheese Boiled Eggs Cheese on Toast Olives/ Tomatoes	Bacon Scrambled Egg Potato Waffle Baked Beans Mushrooms	Baked Sausage Boiled Egg Hash Brown Baked Beans Spaghetti Hoops	Plum Tomato Baked Sausage Pancakes, Maple Syrup Baked Beans Mushrooms	
Daily Breakfast Items	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Croissant	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Pan au Chocolate	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Croissant	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Pan au Chocolate	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Croissant	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Pastries	
Fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	

TRENT COLLEGE AND THE ELMS

Breakfast

All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hydration	Water, Juice	Water, Juice	Water, Juice	Water, Juice	Water, Juice	Water, Juice	
Hot Items	Egg Muffin Grilled Tomato Baked Sausage Spaghetti Hoops Baked Beans	Poached Egg Bacon Plum Tomato Mushrooms Hash Brown	Continental Ham Cheese Boiled Eggs Cheese on Toast Olives/ Tomatoes	Bacon Scrambled Egg Potato Waffle Baked Beans Mushrooms	Baked Sausage Boiled Egg Hash Brown Baked Beans Spaghetti Hoops	Plum Tomato Baked Sausage Pancakes, Maple Syrup Baked Beans Mushrooms	
Daily Breakfast Items	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Croissant	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Pan au Chocolate	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Croissant	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Pan au Chocolate	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Croissant	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Pastries	
Fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	

TRENT COLLEGE AND THE ELMS

Breakfast

All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hydration	Water, Juice	Water, Juice	Water, Juice	Water, Juice	Water, Juice	Water, Juice	
Hot Items	Egg Muffin Grilled Tomato Baked Sausage Spaghetti Hoops Baked Beans	Poached Egg Bacon Plum Tomato Mushrooms Hash Brown	Continental Ham Cheese Boiled Eggs Cheese on Toast Olives/ Tomatoes	Bacon Scrambled Egg Potato Waffle Baked Beans Mushrooms	Baked Sausage Boiled Egg Hash Brown Baked Beans Spaghetti Hoops	Plum Tomato Baked Sausage Pancakes, Maple Syrup Baked Beans Mushrooms	
Daily Breakfast Items	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Croissant	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Pan au Chocolate	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Croissant	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Pan au Chocolate	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Croissant	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves Pastries	
Fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	