

Trinity Term Week 1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		So	OUP			BRUNCH
Soup of the day Sweet Pepper Soup	Soup of the day Carrot & Coriander Soup	Soup of the day Country Vegetable Soup	Soup of the day Mushroom Soup	Soup of the day Tomato Soup	Soup of the day Everything Goes	Trent College Big Breakfas Sausage, Bacon, Hash Brov Mushroom, Tomato, Bean & Black Pudding Choice of Egg
		LU	NCH			
Traditional Beef Bolognaise Bacon & Mushroom Carbonara Four Cheese Ravioli Garlic Bread, Penne Pasta Broccoli, Roasted Courgettes Fruit Crumble with Custard	Crispy Chicken with a Sweet & Sour Sauce Crispy Beef Stir Fry with Greens Sweet Potato & Carrot Falafel (V) Rice Prawn Crackers Ginger, Pak Choi & Stir Fry Vegetables Jam & Coconut Pudding with Custard	Chicken Schnitzel Turkey & Leek Pie with Gravy Vegetable Cottage Pie (V) Herby Diced Potatoes Green Beans Thyme Roast Carrots Pear & Chocolate Pudding with Custard	Seasonal Roast Pork Roasted Chicken Breast Sage & Onion Stuffing Lentil Roast (V) Rosemary Roast Potatoes Carrots & Peas Cauliflower Cheese Lemon Sponge with Custard	Elms Jumbo Fish Finger Trent Battered Fish Fillet New York Hot Dog Cheese, Leek Potato Pie (V) Skinny Fries, Garden Peas, Curry Sauce Tartare Sauce Cornflake Tart with Custard	Beef Pistachio Cauliflower Mac & Cheese (V) Garlic Focaccia Bread Italian Salad & Green Beans Cookies	N/A
	_	JACKET POTA	TO & PASTA BAR			
Jacket Potato Cheese, Beans & Tuna Mayo Pasta Bar Hot Special - Pomodoro Pasta	<u>Jacket Potato</u> Cheese or Beans <u>Pasta Bar</u> Hot Special – Beef Meatballs	<u>Jacket Potato</u> Cheese, Beans or Tuna Mayo <u>Pasta Bar</u> Hot Special - Beef Bolognaise	Jacket Potato Cheese or Beans Pasta Bar Pesto Sauce	Jacket Potato Cheese or Beans Pasta Bar Hot Special – Tortellini & Sauce	Jacket Potato Cheese or Beans Pasta Bar Hot Special -Chef's Choice	N/A
			PPER			SUPPER
Southern Fried Chicken Wrap Chef's Special Vegetable & Bean Fajita (V) In on the Cob, Chunky Squash, Mixed Salad, Guacamole, Sour Cream Eves Pudding with Custard	Peruvian Spiced Beef Burger Chef's Special Peruvian Spiced Halloumi Burger Sweet Potato Fries Rocket & Parmesan salad Ice Cream	Beef Lasagne Chef's Special Mac N Cheese (V) Roasted Peppers & Courgettes Greek Salad Lemon Meringue Muffin	Beef Chilli Con Carne Chef's Special Vegetable Chilli Con Carne (V) Herby Wedges, Nachos, Sour Cream Guacamole Warm Orange Drizzle Cake with Custard	Pizza Bar with a Selection of Toppings Herby Diced Potatoes, Caesar Salad Waffles & chocolate sauce	Spanish Chicken Roasted Root Vegetables Roasted New Potatoes Flowerpot Muffin	Roast Chicken Yorkshire Pudding Sage & Onion Stuffing Vegan Sausage Casserole (V) Roast Potato Root Vegetables Roasted Carrots, Gravy Jamaican Ginger Cake
	DAILY SPECIALS		DAIL Y OPTIONS		PASTA BAR	

Home-baked bread and jacket potatoes with a choice of toppings.

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

Wholemeal pasta with a choice of homemade sauce every other day.

CHILLED DESSERTS

Dessert pots, yoghurts, selection of fresh fruit.

VE - vegan | V - vegetarian | H



Trinity Term Week 2



MONDAY **FRIDAY** SOUP **BRUNCH** Trent College Big Breakfast Sausage, Bacon, Hash Brown Soup of the day Mushroom, Tomato, Beans Roasted Red Pepper & Tomato Satay Butternut Squash Soup Sweet Pepper Soup Pea & Mint Soup Broccoli Soup Minestrone Soup & Black Pudding Soup Choice of Egg LUNCH Elms Traditional Beef Lasagne Hunters Chicken Chicken Katsu and Kimchi Honey Glazed Ham Picante Chicken & Lime Skewers Jumbo Fish Finger Open Chicken Mozzarella Pesto & Mandarin BBQ Pork with Pitta Bread Pork & Leek Sausage with Onion Roasted Thyme & Lemon Chicken Trent Spinach Ciabatta Oven Baked Sweet Crispy Tofu in a Gravv Yorkshire Pudding Chicken Ceaser Salad **Battered Fish Fillet** Roasted Vegetable Lasagne (V) Moroccan Cauliflower Spinach and Quorn, Mushroom Leek & Potato Pie Piri Piri Vegetables & Halloumi N/A Boa Bun (V) Cheese & Tomato Pizza (V) New Potatoes. Borlotti Stew (V) Sticky Coconut Rice Chinese Leaf Roast Potatoes, Cauliflower & Kebab (V) Chips . Garden Peas & Tartare Carrots, Broccoli Sweetcorn, Roasted Vegetables, Mash Potato, Green Beans & Stir Fry Vegetable Broccoli Cheese. Sauce Carrots Spring Roll Carrots Guacamole, Salsa Sticky Toffee Pudding with Toffee Apple & Blackberry Pie with Custard Ginger Cake with Custard Chocolate Brownie Vanilla Cup Cakes Sauce **JACKET POTATO & PASTA BAR** Jacket Potato Jacket Potato Jacket Potato **Jacket Potato** Jacket Potato Jacket Potato Cheese. Beans or Tuna Mavo Cheese or Beans Cheese, Beans or Tuna Mayo Cheese or Beans Cheese, Beans or Tuna Mayo Cheese or Beans N/A Pasta Bar Pasta Bar Pasta Bar Pasta Bar Pasta Bar Pasta Bar Pesto Sauce Hot Special Beef Bolognaise Hot Special Meatballs Hot Special Four Cheese Ravioli Hot Special Tortellini & Sauce Chef Special **SUPPER SUPPER** Lamb Burger Roast Beef or Chicken Breast Chicken Shawarma Chicken Cog au Vin Crunchy Cornflake Turkey Mexican Chicken Burrito A selection of Pasta Dishes with Chef's Special Yorkshire Pudding Chef's Special Chefs Special Steak & Salsa Chef's Special **Toppings** Vegetable Burger (V) Sage & Onion Stuffing Sweet Potato Falafel (V) Meatless Cog Au Vin (V) Vegetable Chilli Burrito, Jalapenos Meatless Meatballs (V) Focaccia Bread Sweet Potato Wedges, Sliced Vegan Sausage Casserole (V) Lebanese Spiced Potatoes. Lyonnaise Potatoes, Carrots Sour Cream, Coriander Slaw, Diablo Herby Diced Potatoes, Corn on Broccoli Cheese, Sliced Beef Tomatoes, Roast Potatoes Tzatziki. Carrot & Cumin & Peas the Cob. Green Beans Salsa Sour Cream. Guacamole Tomato Rocket &Parmesan Salad Braised Red Cabbage Humous Spiced Banana Slice Sweet Waffles with Berries Chocolate Cake with Chocolate Ice Cream Roasted Carrots. Gravv **Biscoff Muffin** Cookie Sauce Millionaire Shortbread DAILY OPTIONS

DAILY SPECIALS

Home-baked bread and jacket potatoes with a choice of toppings.

SALADS

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

PASTA BAR

Wholemeal pasta with a choice of homemade sauce every other day.

CHILLED DESSERTS

Dessert pots, voghurts, selection of fresh fruit.





Lemon & Blueberry Sponge with

Custard

Trinity Term Week 3



FRIDAY MONDAY WEDNESDAY **SUNDAY SOUP BRUNCH** Trent College Big Breakfast Soup of the day Sausage, Bacon, Hash Brown Spiced Lentil & Squash Soup Pea & Mint Soup Vegetable Soup Leek & Potato Soup Tomato Soup Broccoli Soup Mushroom, Tomato, Beans & Black Pudding Choice of Egg LUNCH Elms Mac 'N' Cheese Chicken Korma Roast Beef with Yorkshire Pudding Jumbo Fish Finger Elms - Pork Sausage Beef Burger Thai Beef Curry Italian Meathalls Lemon & Garlic Chicken with Sage & Trent Trent - Cumberland Ring Sausage Southern Fried Chicken Burger Vegetable, Tikka Masala(V) Tortellini with Sauce(V) Battered Fish Fillet Onion Stuffing Vegan Sausage & Onions (V) Garlic Bread, Penne Pasta, Peas. Sweet Potato Burger (V) Basmati Rice, Naan Bread Cheese & Potato Pie (V) Gammon Steak with Pineapple N/A Mash Potato, Broccoli, Roasted Root Curly Fries, BBQ Beans, Corn on the Corn on the Cob Onion Bhaii Roast Potatoes. Mash potato Breaded Halloumi Croquette (V) Vegetables Cob Mixed Greens, Cauliflower Cheese Skinny Fries, Garden Peas & Apple Crumble with Custard Green Beans Marsh Mellow Crispy Cake **Tartare Sauce** Toffee Apple Muffin Ice Sprinkle Cake with Custard Chocolate Sponge & Custard Strawberry Swirl Cake with Custard **JACKET POTATO & PASTA BAR** Jacket Potato Jacket Potato Jacket Potato Jacket Potato Jacket Potato Jacket Potato Cheese, Beans or Tuna Mayo Cheese. Beans or Tuna Mayo Cheese, Beans or Tuna Mavo Pasta Bar Pasta Bar Pasta Bar Pasta Bar Pasta Bar Pasta Bar N/A Pesto Sauce Hot Special Chef's Choice Pesto Sauce Hot Special Chef's Choice Hot Special Beef Bolognaise Hot Special Chef's Choice SUPPER SUPPER Roast Pork or Chicken Breast Pizza Bar with a Selection of Chicken Jambalava Mac 'N' Cheese with Toppings Salmon Terivaki Chicken Shawarma Yorkshire pudding **Toppings** Panini Bar with a Selection of Fillings Chef's Special Chef's Special Chefs Special Chef's Special Sage & Onion stuffing Chef Special Mozzarella & Pesto (V) Teriyaki Tofu Egg Noodles (V) Vegetable & Mixed Bean Jambalaya Moroccan Roast Bean & Squash (V) Vegetable Crumble (V) Curly Fries, Coleslaw, Corn on Cob, Homemade Herb Wedges. Plant Based Meatballs (V) Pak Choi Stir Fry Noodles, Prawn Lemon Roast Potatoes, Pitta Bread. Roast Potatoes, Braised Red Garlic Focaccia, Roasted Courgette Rocket & Parmesan Salad Sweetcorn, Coleslaw, Mixed Salad Crackers Fresh Bread, Wedges, Green Beans Roasted Aubergine & Courgettes Cabbage & Pepper

DAILY SPECIALS

Carrot & Orange Cake

Home-baked bread and jacket potatoes with a choice of toppings.

Ginger & Pineapple Sponge with

Custard

SALADS Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins. Wholemeal pasta with a choice of homemade sauce every other day.



PASTA BAR

Salad Bar

Iced Sprinkle Cake



Roasted Carrots, Gravy

Peach Trifle

Oreo Cheesecake

Chocolate Doughnut