



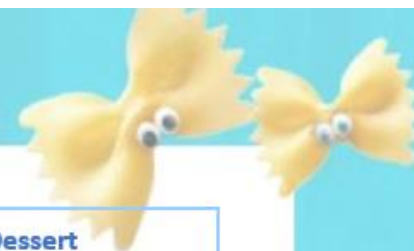
|                  | Hydration       | Lunch   | Vegetable Pots                           | Dessert  | Cold Dessert  |
|------------------|-----------------|---|--|--|---|
| <b>Monday</b>    | Flavoured water | Beef Bolognaise<br><b>Vegetable Bolognaise (V)</b><br>Penne Pasta<br>Green Beans                | Cucumber &<br>Carrot Sticks<br>Sweetcorn | <b>Frozen Yoghurt</b><br><b>Mango or</b><br><b>Strawberry</b>                            | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| <b>Tuesday</b>   | Flavoured water | BBQ Chicken<br><b>BBQ Quorn (V)</b><br>Noodles<br>Broccoli & Sweetcorn                          | Cucumber &<br>Carrot Sticks<br>Sweetcorn | <b>Fruit Salad</b>   | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| <b>Wednesday</b> | Flavoured water | Pork Sausage with Gravy<br><b>Vegetable Sausage (V)</b><br>Mash Potato<br>Carrots & Green beans | Cucumber &<br>Carrot Sticks<br>Sweetcorn | <b>Sugar Free Jelly</b>  | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| <b>Thursday</b>  | Flavoured water | Roast Chicken Yorkshire pudding<br><b>Lentil Roast (V)</b><br>Roast Potato<br>Carrot & Peas     | Cucumber &<br>Carrot Sticks<br>Sweetcorn | <b>Coconut Yoghurt</b><br><b>with cranberry</b><br><b>and raspberry</b><br><b>coulis</b> | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| <b>Friday</b>    | Flavoured water | Jumbo Fish Finger<br><b>Vegetable Dippers (V)</b><br>Chipped Potatoes & Peas/beans              | Cucumber &<br>Carrot Sticks<br>Sweetcorn | <b>Cornflake Tart</b><br><b>with Custard</b>   | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |





|                  | Hydration       | Lunch  | Vegetable Pots                        | Dessert                         | Cold Dessert  |
|------------------|-----------------|--|---------------------------------------|---------------------------------|---|
| <b>Monday</b>    | Flavoured water | Beef Ragu<br>Vegetable Lasagne(V)<br>Garlic Bread<br>Broccoli- Sweetcorn                             | Cucumber & Carrot Sticks<br>Sweetcorn | Greek Yoghurt with berry Coulis | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| <b>Tuesday</b>   | Flavoured water | Hunters Chicken<br>Vegetable Sausage (V)<br>Mash Potato<br>Carrot & Green Beans                      | Cucumber & Carrot Sticks<br>Sweetcorn | Chocolate & Beetroot Cake       | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| <b>Wednesday</b> | Flavoured water | Chicken Katsu Curry<br>Vegetable Fillets (V)<br>Rice<br>Crispy Kale & Sweetcorn                      | Cucumber & Carrot Sticks<br>Sweetcorn | Upside down Ice- Cream          | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| <b>Thursday</b>  | Flavoured water | Honey Roast Ham Yorkshire Pudding<br>Vegetable & Potato Pie (V)<br>Roast Potato<br>Cabbage & Carrots | Cucumber & Carrot Sticks<br>Sweetcorn | Sugar free Jelly                | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| <b>Friday</b>    | Flavoured water | Jumbo Fish Finger<br>Vegetable Nuggets (V)<br>Chipped Potatoes & Peas/beans                          | Cucumber & Carrot Sticks<br>Sweetcorn | Fruit Salad                     | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |





|           | Hydration       | Lunch  | Vegetable Pots                           | Dessert  | Cold Dessert  |
|-----------|-----------------|--|--|--|---|
| Monday    | Flavoured water | Chicken Korma<br>Vegetable Korma (V)<br>Rice<br>Naan Bread Green Beans                             | Cucumber &<br>Carrot Sticks<br>Sweetcorn | Sugar free<br>banana & date<br>loaf with a vanilla<br>cream cheese | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| Tuesday   | Flavoured water | Mac 'N' Cheese<br>Chunky Tomato Sauce (V)<br>Penne Pasta<br>Garlic dough balls<br>Peas - Sweetcorn | Cucumber &<br>Carrot Sticks<br>Sweetcorn | Greek Yoghurt<br>with mango<br>coulis                              | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| Wednesday | Flavoured water | Pork Sausage<br>Vegan Sausage (V)<br>Mash Potato<br>Broccoli & Roasted roots                       | Cucumber &<br>Carrot Sticks<br>Sweetcorn | Fruit Salad  | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| Thursday  | Flavoured water | Roast Chicken<br>Cheese & Potato Pie (V)<br>Roast Potato<br>Cabbage & Carrots                      | Cucumber &<br>Carrot Sticks<br>Sweetcorn | Banana with<br>Custard   | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |
| Friday    | Flavoured water | Jumbo Fish Finger<br>Cheese & Tomato Pizza (V)<br>Chipped Potatoes & Peas                          | Cucumber &<br>Carrot Sticks<br>Sweetcorn | Chocolate<br>Wibble Whip   | Yoghurt pot<br>Traffic light jelly<br>Fresh fruit pot |



