



## Lent Term Week 1



TRENT COLLEGE  
AND  
THE ELMS



Monday

### Lunch

Picante Lime Chicken  
BBQ Soya Mince

Steamed Rice  
Stir Fry Veg

Yoghurt and Berry  
Coulis

Cucumber & Carrot  
Sticks

Fresh fruit Platter

Tuesday

### Lunch

Beef Rendang  
Massaman Veg Curry

New Potato's  
Green Beans

Strawberry Mousse

Cucumber & Carrot  
Sticks

Fresh fruit Platter

Wednesday

### Lunch

Chicken Katsu  
Sweet Potato Katsu

Steamed Rice  
Carrots  
Sweetcorn

Sugar Free Jelly

Cucumber & Carrot  
Sticks

Fresh fruit Platter

Thursday

### Lunch

Roast Chicken  
Lentil Roast

Roast Potato  
Carrots  
Broccoli

Caramel Mousse

Cucumber & Carrot  
Sticks

Fresh fruit Platter

Friday

### Lunch

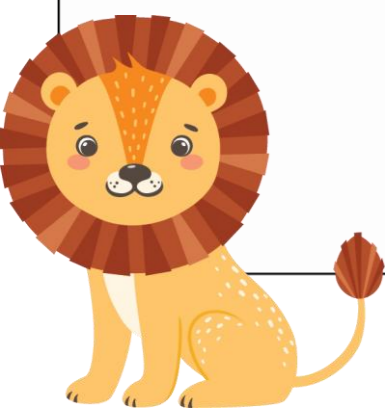
Fish Fingers  
Veggie Finger

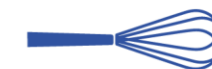
Chips  
Peas  
Beans

Fruit Salad

Cucumber & Carrot  
Sticks

Fresh fruit Platter





## Lent Term Week 2



TRENT COLLEGE  
AND  
THE ELMS



Monday

### Lunch

Lebanese Chicken  
Fragrant Quorn

Steamed Rice  
Carrots  
Green Beans

Yoghurt and Berry  
Coulis

Cucumber & Carrot  
Sticks

Fresh fruit Platter

Tuesday

### Lunch

Beef Meatballs  
Meatless Meatballs

Roasted Root Veg  
Mash

Strawberry Mousse

Cucumber & Carrot  
Sticks

Fresh fruit Platter

Wednesday

### Lunch

Beef Lasagne  
Vegetable Lasagne

Garlic Bread  
Peas  
Sweetcorn

Sugar Free Jelly

Cucumber & Carrot  
Sticks

Fresh fruit Platter

Thursday

### Lunch

Roast Pork  
Lentil Roast

Roast Potato  
Carrots  
Broccoli

Frozen Yoghurt

Cucumber & Carrot  
Sticks

Fresh fruit Platter

Friday

### Lunch

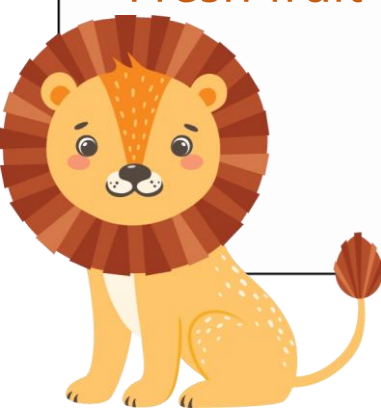
Fish Fingers  
Veggie Finger

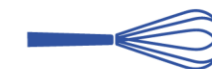
Chips  
Peas  
Beans

Fruit Salad

Cucumber & Carrot  
Sticks

Fresh fruit Platter





## Lent Term Week 3



TRENT COLLEGE  
AND  
THE ELMS



Monday

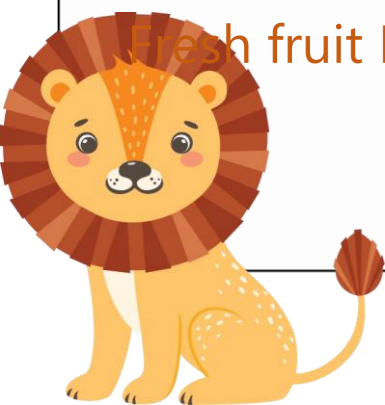
### Lunch

Chicken Paella  
Vegetable Paella

Roasted Potato  
Carrot  
Cabbage  
Kale

Yoghurt and Berry  
Coulis

Cucumber & Carrot  
Sticks  
Fresh fruit Platter



Tuesday

### Lunch

Hoisin Chicken  
Coconut Tofu

Rice Noodles  
Stir Fry Vegetables  
Strawberry Mousse

Cucumber & Carrot  
Sticks  
Fresh fruit Platter



Wednesday

### Lunch

Sausages  
Quorn Sausages

Mash  
Peas  
Carrots

Sugar Free Jelly

Cucumber & Carrot  
Sticks  
Fresh fruit Platter

Thursday

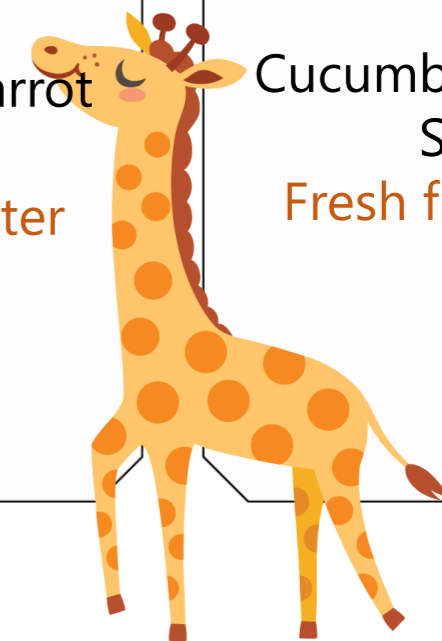
### Lunch

Roast Gammon  
Lentil Roast

Roast Potato  
Carrots  
Broccoli

Frozen Yoghurt

Cucumber & Carrot  
Sticks  
Fresh fruit Platter



Friday

### Lunch

Fish Fingers  
Veggie Finger

Chips  
Peas  
Beans

Fruit Salad

Cucumber & Carrot  
Sticks  
Fresh fruit Platter