

Lent Term Menu Week 1

Monday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Fresh Waffles, Syrup & Chocolate Sauce

Picante Lime Chicken Skewer or Calabrian Pulled Pork

Texan BBQ Soya Mince

Steamed Rice

Herby Green Beans

Stir-fry Vegetables

Chocolate Sponge, Chocolate Sauce

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Tuesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Pancakes, Fresh Fruit & Syrup

Beef Rendang or Massaman Venison Curry

Massaman Veg Curry

Lime & Coriander Rice

Roasted New Potatoes

Stir-fry Vegetables

Glazed Orange Pudding, Custard

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Wednesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Eggs Benedict, Eggs Florentine

Crispy Chicken or Pork Katsu

Sweet Potato Katsu

Steamed Rice

Gochuang Roasted Carrots

Lemon & Herb Green Bean

Apple Crumble, Custard

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Thursday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Bacon & Egg English Muffins

Roast Chicken or Pot Roast Beef

Lentil Roast

Roast Potatoes, Mash, Stuffing, Yorkshire Pudding, Cauliflower Cheese

Roast Carrots, Broccoli & Parsnips, Gravy

Sticky Toffee Pudding, Toffee Sauce

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Friday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Filled Croissants

Battered Fish or Sausage

Chicken & Mushroom Pie

Vegan Sausage Roll, Vegetarian Battered Sausage

Chips, Peas, Mushy Peas, Beans. Curry Sauce, Tartare

Chocolate Brownie, Chocolate Sauce

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

BREAKFAST

LUNCH

Lent Term Menu Week 2

Monday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Fresh Waffles, Syrup & Chocolate Sauce

Lebanese Chicken or Lamb Burger

Feta & Pesto Stuffed Peppers

Lemon & Herb Cous Cous

Orange & Cumin Roasted Carrots

Chilli & Mint Roasted Aubergine

Lemon Sponge, Chocolate Sauce

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Tuesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Pancakes, Fresh Fruit & Syrup

Apple, Sage & Pork Meatballs or Beef Meatballs

Meatless Meatballs

Mash Potato

Smashed Root Veg

Roasted Carrots, Green Beans

Pineapple Upside-down Cake, Custard

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Wednesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Eggs Benedict, Eggs Florentine

Pork & Chorizo Lasagna or Beef Lasagna

Vegetable Lasagna

Garlic Bread

Peas & Sweetcorn, Kale & Green beans

Forrest Berry Blondie, Custard

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Thursday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Bacon & Egg English Muffins

Roast Chicken or Roast Pork

Lentil Roast

Roast Potatoes, Mash, Stuffing, Yorkshire Pudding, Cauliflower Cheese,

Roast Carrots, Broccoli & Parsnips, Gravy

Sticky Toffee Pudding, Toffee Sauce

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Friday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms

Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad

Selection of Breads, Danish Pastries, Jams, Preserves, toppings

Cereal Selection

Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Filled Croissants

Battered Fish or Sausage

Chicken & Mushroom Pie

Vegan Sausage Roll, Vegetarian Battered Sausage

Chips, Peas, Mushy Peas, Beans. Curry Sauce, Tartare

Chocolate Brownie, Chocolate Sauce

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

BREAKFAST

LUNCH

Lent Term Menu Week 3

Monday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Fresh Waffles, Syrup & Chocolate Sauce

Chorizo & Prawn Paella or Chicken Paella

Veg Paella

Patatas a la Probre

Fried Aubergine & Honey

Carrots, Cabbage & Kale

Cherry & Apple Crumble, Custard

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Tuesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Pancakes, Fresh Fruit & Syrup

Stir-fry Hoisin Venison or Coconut Chicken

Coconut Tofu

Egg Noodles, Rice Noodles

Stir-fry Vegetables

Green Beans

Carrot and Banna Cake, Custard

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Wednesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Eggs Benedict, Eggs Florentine

Cumberland Sausage Ring or Tuscan Chicken

Vegetarian Sausages

Mash Potatoes

Peas, Kale & Green Beans, Carrots, Onion Gravy

Forrest Berry Blondie, Custard

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Thursday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Bacon & Egg English Muffins

Roast Chicken or Roast Gammon

Lentil Roast

Roast Potatoes, Mash Stuffing, Yorkshire Pudding, Cauliflower Cheese,

Roast Carrots, Broccoli & Parsnips, Gravy

German Apple Pudding, Toffee Sauce

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

Friday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Filled Croissants

Battered Fish or Sausage

Chicken & Mushroom Pie

Vegan Sausage Roll, Vegetarian Battered Sausage

Chips, Peas, Mushy Peas, Beans. Curry Sauce, Tartare

Chocolate Brownie, Chocolate Sauce

Natural Yoghurts

Fresh Fuit

Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection

Selection of Filled Rolls, Ciabatta, Baguettes & Wraps

Fresh Salad Bar & Toppings

Homemade Soup & Bread

BREAKFAST

LUNCH