

Lent Term Menu

Week 1

BREAKFAST

Monday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Fresh Waffles, Syrup & Chocolate Sauce

Picante Lime Chicken Skewer or Calabrian Pulled Pork
Texan BBQ Soya Mince
Steamed Rice
Herby Green Beans
Stir-fry Vegetables

Chocolate Sponge, Chocolate Sauce
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

LUNCH

Tuesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Pancakes, Fresh Fruit & Syrup

Beef Rendang or Massaman Venison Curry
Massaman Veg Curry
Lime & Coriander Rice
Roasted New Potatoes
Stir-fry Vegetables

Glazed Orange Pudding, Custard
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

Wednesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Eggs Benedict, Eggs Florentine

Crispy Chicken or Pork Katsu
Sweet Potato Katsu
Steamed Rice
Gochuang Roasted Carrots
Lemon & Herb Green Bean

Apple Crumble, Custard
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

Thursday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Bacon & Egg English Muffins

Roast Chicken or Pot Roast Beef
Lentil Roast
Roast Potatoes, Mash, Stuffing, Yorkshire Pudding, Cauliflower Cheese

Roast Carrots, Broccoli & Parsnips, Gravy

Sticky Toffee Pudding, Toffee Sauce
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

Friday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Filled Croissants

Battered Fish or Sausage
Chicken & Mushroom Pie
Vegan Sausage Roll, Vegetarian Battered Sausage
Chips, Peas, Mushy Peas, Beans. Curry Sauce, Tartare

Chocolate Brownie, Chocolate Sauce
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

Lent Term Menu

Week 2

BREAKFAST

Monday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Fresh Waffles, Syrup & Chocolate Sauce
Lebanese Chicken or Lamb Burger
Feta & Pesto Stuffed Peppers
Lemon & Herb Cous Cous
Orange & Cumin Roasted Carrots
Chilli & Mint Roasted Aubergine

Lemon Sponge, Chocolate Sauce
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

LUNCH

Tuesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Pancakes, Fresh Fruit & Syrup
Apple, Sage & Pork Meatballs or Beef Meatballs
Meatless Meatballs
Mash Potato
Smashed Root Veg
Roasted Carrots, Green Beans

Pineapple Upside-down Cake, Custard
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

Wednesday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Eggs Benedict, Eggs Florentine
Pork & Chorizo Lasagna or Beef Lasagna
Vegetable Lasagna
Garlic Bread
Peas & Sweetcorn, Kale & Green beans

Forrest Berry Blondie, Custard
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

Thursday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Bacon & Egg English Muffins
Roast Chicken or Roast Pork
Lentil Roast
Roast Potatoes, Mash, Stuffing, Yorkshire Pudding, Cauliflower Cheese,
Roast Carrots, Broccoli & Parsnips, Gravy

Sticky Toffee Pudding, Toffee Sauce
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

Friday

Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
Selection of Breads, Danish Pastries, Jams, Preserves, toppings
Cereal Selection
Tea, Coffee, Hot Chocolate & Fruit Juice

Warm Filled Croissants
Battered Fish or Sausage
Chicken & Mushroom Pie
Vegan Sausage Roll, Vegetarian Battered Sausage
Chips, Peas, Mushy Peas, Beans. Curry Sauce, Tartare

Chocolate Brownie, Chocolate Sauce
Natural Yoghurts
Fresh Fuit
Potted Cold Desserts

Jacket Potatoes & Pasta Bar, Topping Selection
Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
Fresh Salad Bar & Toppings
Homemade Soup & Bread

Lent Term Menu

Week 3

Monday

BREAKFAST

- Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
- Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
- Selection of Breads, Danish Pastries, Jams, Preserves, toppings
- Cereal Selection
- Tea, Coffee, Hot Chocolate & Fruit Juice

- Fresh Waffles, Syrup & Chocolate Sauce
- Chorizo & Prawn Paella or Chicken Paella
- Veg Paella
- Patatas a la Probre
- Fried Aubergine & Honey
- Carrots, Cabbage & Kale

- Cherry & Apple Crumble, Custard
- Natural Yoghurts
- Fresh Fuit
- Potted Cold Desserts

- Jacket Potatoes & Pasta Bar, Topping Selection
- Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
- Fresh Salad Bar & Toppings
- Homemade Soup & Bread

Tuesday

- Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
- Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
- Selection of Breads, Danish Pastries, Jams, Preserves, toppings
- Cereal Selection
- Tea, Coffee, Hot Chocolate & Fruit Juice

- Warm Pancakes, Fresh Fruit & Syrup
- Stir-fry Hoisin Venison or Coconut Chicken
- Coconut Tofu
- Egg Noodles, Rice Noodles
- Stir-fry Vegetables
- Green Beans

- Carrot and Banna Cake, Custard
- Natural Yoghurts
- Fresh Fuit
- Potted Cold Desserts

- Jacket Potatoes & Pasta Bar, Topping Selection
- Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
- Fresh Salad Bar & Toppings
- Homemade Soup & Bread

Wednesday

- Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
- Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
- Selection of Breads, Danish Pastries, Jams, Preserves, toppings
- Cereal Selection
- Tea, Coffee, Hot Chocolate & Fruit Juice

- Eggs Benedict, Eggs Florentine
- Cumberland Sausage Ring or Tuscan Chicken
- Vegetarian Sausages
- Mash Potatoes
- Peas, Kale & Green Beans, Carrots, Onion Gravy

- Forrest Berry Blondie, Custard
- Natural Yoghurts
- Fresh Fuit
- Potted Cold Desserts

- Jacket Potatoes & Pasta Bar, Topping Selection
- Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
- Fresh Salad Bar & Toppings
- Homemade Soup & Bread

Thursday

- Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
- Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
- Selection of Breads, Danish Pastries, Jams, Preserves, toppings
- Cereal Selection
- Tea, Coffee, Hot Chocolate & Fruit Juice

- Bacon & Egg English Muffins
- Roast Chicken or Roast Gammon
- Lentil Roast
- Roast Potatoes, Mash Stuffing, Yorkshire Pudding, Cauliflower Cheese,
- Roast Carrots, Broccoli & Parsnips, Gravy

- German Apple Pudding, Toffee Sauce
- Natural Yoghurts
- Fresh Fuit
- Potted Cold Desserts

- Jacket Potatoes & Pasta Bar, Topping Selection
- Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
- Fresh Salad Bar & Toppings
- Homemade Soup & Bread

Friday

- Bacon, Sausage, Baked beans, Hash Brown, Scrambled Egg, Mushrooms
- Porridge, Overnight Oats, Natural Yoghurt, Berry Compote, Fruit Salad
- Selection of Breads, Danish Pastries, Jams, Preserves, toppings
- Cereal Selection
- Tea, Coffee, Hot Chocolate & Fruit Juice

- Warm Filled Croissants
- Battered Fish or Sausage
- Chicken & Mushroom Pie
- Vegan Sausage Roll, Vegetarian Battered Sausage
- Chips, Peas, Mushy Peas, Beans, Curry Sauce, Tartare

- Chocolate Brownie, Chocolate Sauce
- Natural Yoghurts
- Fresh Fuit
- Potted Cold Desserts

- Jacket Potatoes & Pasta Bar, Topping Selection
- Selection of Filled Rolls, Ciabatta, Baguettes & Wraps
- Fresh Salad Bar & Toppings
- Homemade Soup & Bread